



# Clinical Impressions Advisory for Massage Therapists

Discipline:	LMT
ICD-10 Codes:	N/A
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Massage Therapists by training, scope of practice, and licensure do not “diagnose” clinical conditions in the sense of performing differential diagnosis. However, a clinical impression or symptom-based classification from the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM) provides a framework for including a “diagnosis” code on a billing form and does not constitute the process of “diagnosis.” These codes are updated annually and staying up to date with those changes can help facilitate claims processing reimbursement. Following are some of the ICD-10-CM codes that massage therapists would most often encounter in their practice. In the case where a massage therapist is performing massage prescribed by another healthcare provider it is more appropriate to use the prescribed diagnosis codes. Included below this list are some links for additional information.

## ICD-10-CM Codes

Upper Extremities	
M79.644 Pain in right finger(s)	M79.601 Pain right arm
M79.645 Pain in left finger(s)	M79.602 Pain in left arm
M79.641 Pain in right hand	M25.531 Pain in right wrist
M79.642 Pain in left hand	M25.532 Pain in left wrist
M25.641 Stiffness of right hand	M25.631 Stiffness of right wrist
M25.642 Stiffness of left hand	M25.632 Stiffness of left wrist
M25.511 Pain in right shoulder	M25.521 Pain in right elbow
M25.512 Pain in left shoulder	M25.522 Pain in the left elbow
M25.611 Stiffness of right shoulder	M25.621 Stiffness of right elbow
M25.612 Stiffness of left shoulder	M25.622 Stiffness of left elbow
Lower Extremities	
M79.604 Pain in right leg	M79.605 Pain in left leg
M25.551 Pain in right hip	M25.561 Pain in right knee
M25.552 Pain in left hip	M25.562 Pain in left knee
M25.651 Stiffness of right hip	M25.661 Stiffness of right knee
M25.652 Stiffness of left hip	M25.662 Stiffness of left knee

M25.571 Pain in right ankle and joints of right foot	M25.572 Pain in left ankle and joints of left foot
M25.671 Stiffness of right ankle	M25.674 Stiffness of right foot
M25.672 Stiffness of left ankle	M25.675 Stiffness of left foot

### Neck & Spine

M54.2 Cervicalgia	M54.6 Pain in thoracic spine
M54.50 Unspecified Low back pain	M54.59 Other Lower Back Pain

### Other Pain

M25.50 Pain in unspecified joint	M62.830 Muscle spasm of the back
M25.60 Stiffness of unspecified joint	M62.831 Muscle spasm of the calf (Charlie Horse)
M62.83 Muscle spasm	R51.9 Headache, unspecified
M62.838 Other Muscle spasm	

## Resources for Clinicians

Links for additional information:

<https://www.who.int/standards/classifications/classification-of-diseases/list-of-official-icd-10-updates>.

<https://www.cms.gov/Medicare/Coding/ICD10/>

<https://www.ama-assn.org/topics/icd-10>

## Clinical Advisory Feedback

Heraya Health desires to keep our clinical pathways and advisories customarily updated. If you wish to provide additional input, please use the e-mail address listed below and identify which clinical pathway or advisory you are referencing. Thank you for taking the time to give us your comments.

Clinical Services Department: [cs@herayahealth.com](mailto:cs@herayahealth.com)

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